

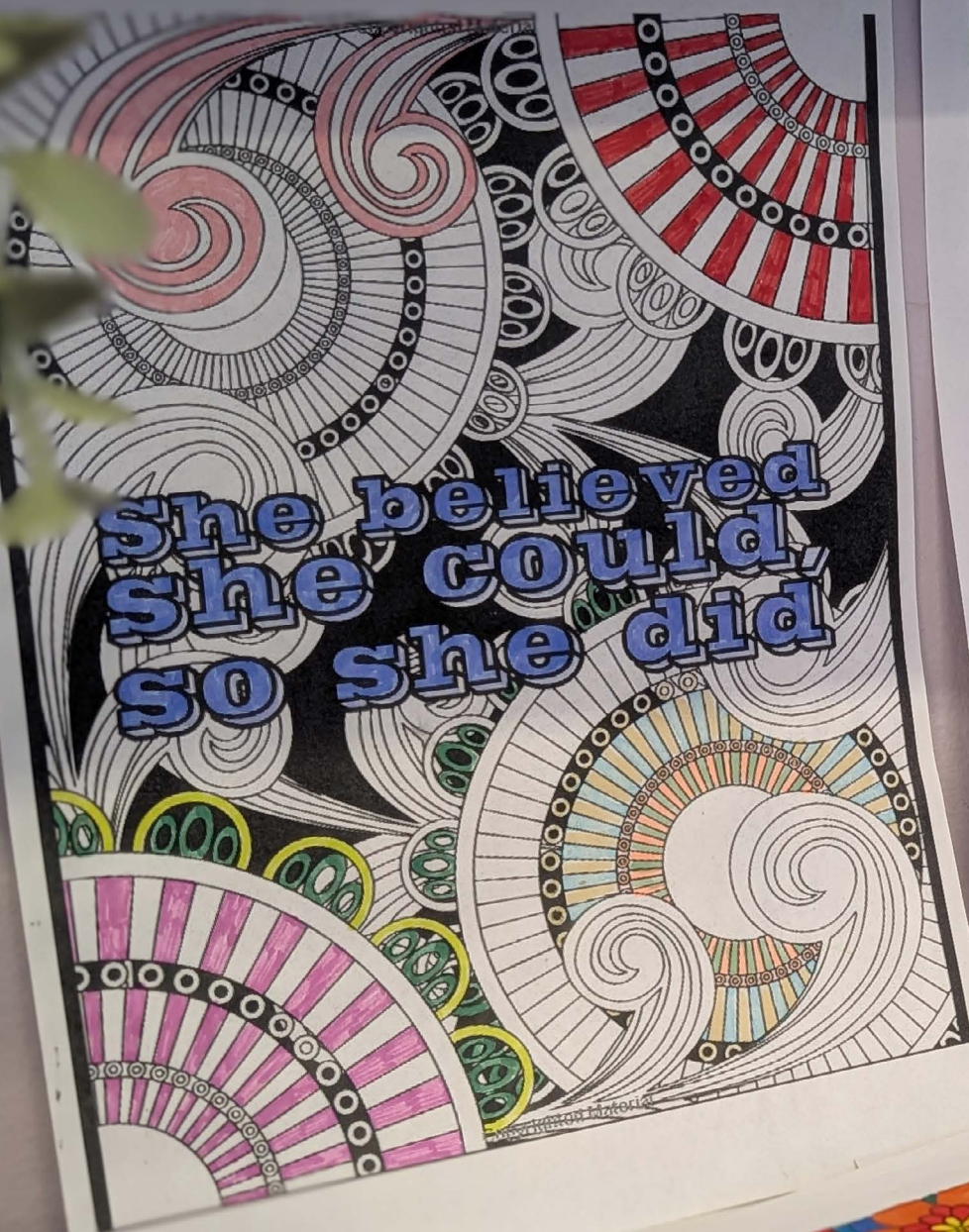
# One25

For women to **heal and thrive**

2024-2025





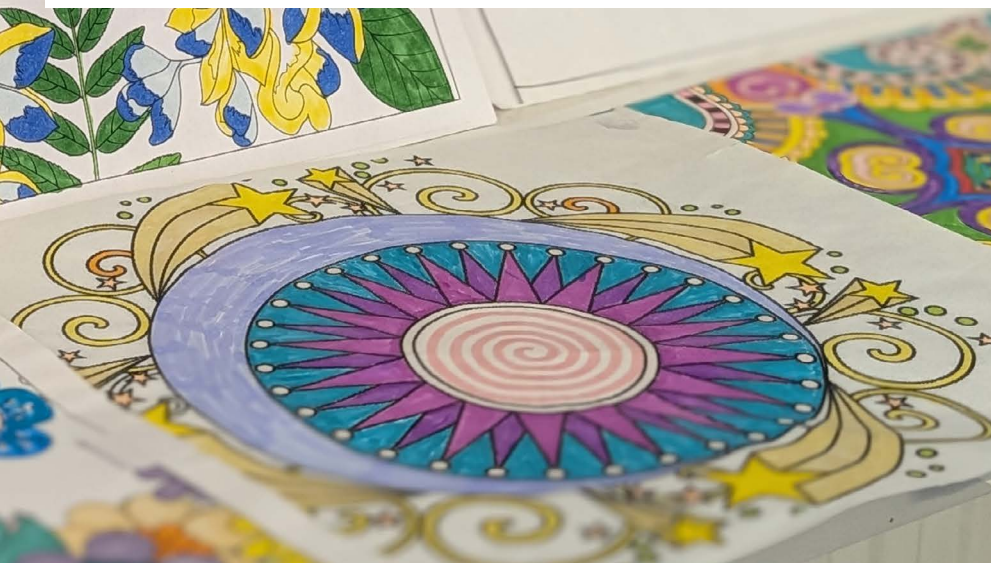


## Our mission

One25 reaches out to women who are street sex-working in Bristol. We support them to move from crisis and trauma towards independence in the community.

Wherever they are in their journeys, we give love and practical support, without judgement or expectation.

We believe in a world where all women will be safe, feel loved and thrive.



## Women's needs

The figures below are shocking but reflect the reality of the lives of women street sex-working and living with multiple disadvantages. Behind the numbers are women who, through intensely tough times, are immensely resilient; they are survivors.

95%

experience homelessness

86%

have experienced domestic and/or sexual violence

86%

have chronic physical health needs

84%

experience addiction

76%

have significant mental health need

43%

have disclosed childhood abuse

100% experience poverty

## Our impact

With the right support, change can happen and the women can live safer and healthier lives.

This year we worked with

242 

wonderful women



242

were healthier



123

were safer



77

were connected to specialist services



43

exited street sex work



# How we help

Our three services are shaped by the women they exist for. We use trauma-informed approaches to make sure the women feel safe, understood, and cared for. Wherever a woman is in her journey, we will support and celebrate her, each step of the way.



## Van outreach

Offers safety and respite to women street sex-working in Bristol and provides essentials such as food, condoms, toiletries, and a listening ear.



## Health hub

A welcoming space where women can access vital healthcare and activities to support their wellbeing.



## Casework

Expert caseworkers give one-to-one support to women who experience multiple disadvantages such as addiction, domestic and sexual violence, and homelessness





## Connection, hope and strength



The last year has provided us with the opportunity to continue to strengthen and deepen the impact of our services and influence wider systems.

One of our most significant achievements this year is that more women exited street sex work than at any point in the past five years. Each woman is now on her own path towards independence and freedom. This is powerful and hopeful progress.

### Systems to safety

At the same time, we remain deeply concerned by the ongoing risks and violence many women face. Our frontline staff have observed a worrying increase in the severity of violence - yet fewer reports are being made to the police. This gap is troubling. We're committed to addressing it by working closely with both the women and the police to build trust and improve safety.

We also know that many of the women we support face

overwhelming barriers when trying to get support. We've learnt that we cannot make systems better unless we first better understand how they work - and where they fail women. That's why we've invested in building stronger relationships with councillors, commissioners, and policymakers. We've also connected with and learnt from other cities' systemic approaches to street sex work. Only through collaboration can we begin to dismantle the structural barriers that keep women stuck.

Thank you to everyone who has stood with us this year - your support makes every step forward possible.

"Only through collaboration can we begin to dismantle the structural barriers that keep women stuck"



**“I don’t feel safe anywhere, but I feel safe here”**

**Kourtney**

### **Bridging Gaps**

The lived experience consultancy group we host at One25 have achieved some incredible feats over the year. This includes co-delivering One25 training to external partners, co-producing an information booklet about health interventions for women - and influencing multi-agency discussions. They are an unstoppable group of women and it’s so exciting to see their many achievements contribute to change.

### **Growing partnerships**

This year, we have announced exciting new partnerships; one with Safe Link, which through funding from the Police and Crime Commissioner, has funded an

IDSVA role. The other, Horizons, is a partnership with Turning Point and BDP to provide essential services for people using drugs and alcohol. Our partnerships are invaluable in providing the right support for women and offering us a voice to highlight their unique experiences.

### **30th anniversary**

Reaching our 30th year is a fantastic chance to reflect back on the brilliantly resilient women we have supported over the years. Each and every one of them have taught us the true power of connection, hope and strength. It is an honour for us to walk alongside these courageous women.

### **With thanks**

As ever, I feel incredible hope and appreciation when I think of you – our fantastic supporters. Without you, we could not do the work we do to support women in Bristol. From the bottom of my heart, thank you.

*Jenny*

**Jenny, CEO, One25**





## Continue the care: plan a gift in your will

What will life be like for women who street sex work in 30 years' time? How will society treat them? What kind of support will they need?

We can't predict the future, but we know what we want it to look like: women face fewer challenges, have more options, and are able to get help when they need it.

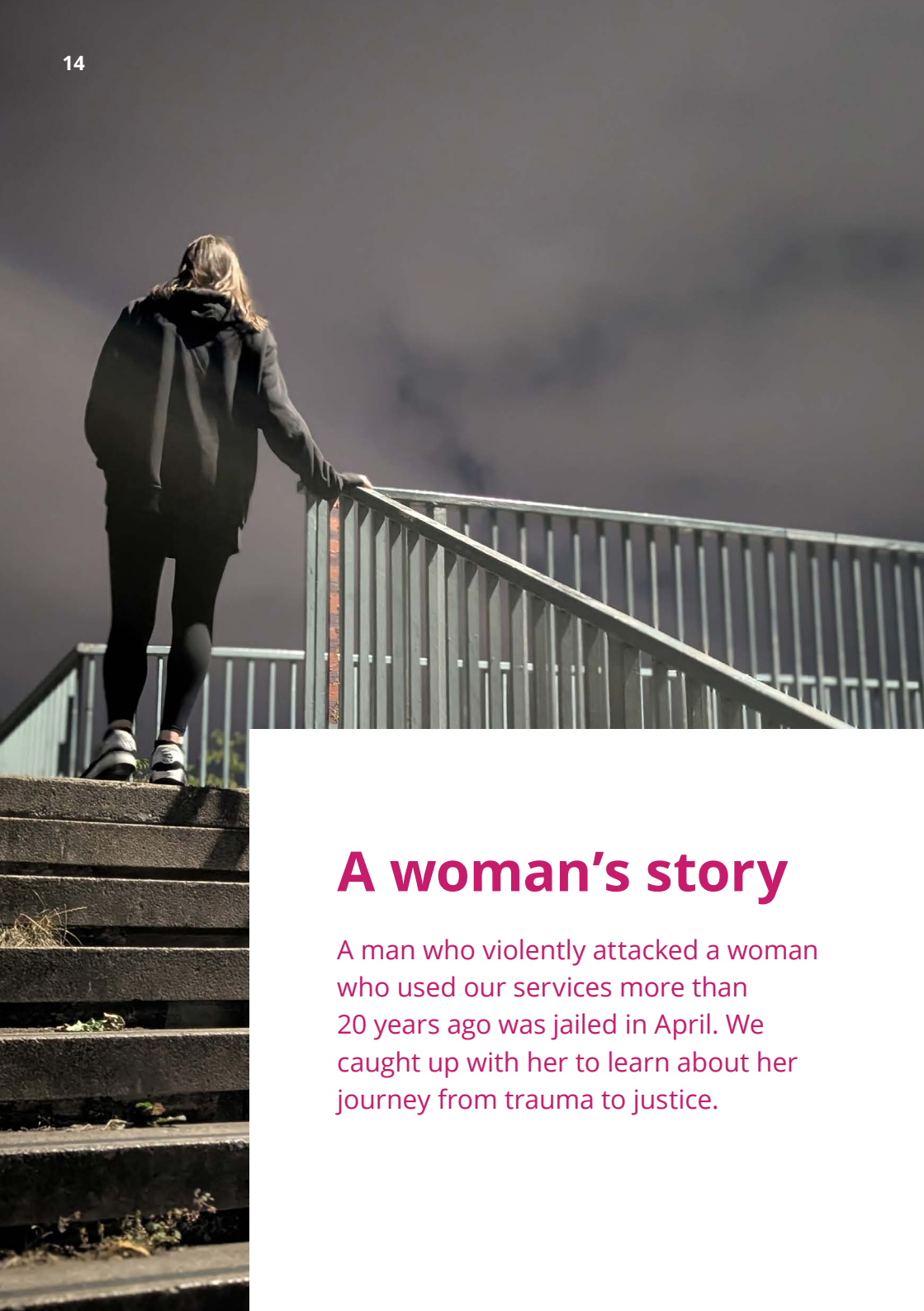
**By leaving a gift to One25 in your will, you can help the women who will need us in the years to come.**

Whether you're also turning 30 or considering the legacy you want to leave, find out more and download our will planning guide at

**[one25.org.uk/donate/wills](https://one25.org.uk/donate/wills)**







## A woman's story

A man who violently attacked a woman who used our services more than 20 years ago was jailed in April. We caught up with her to learn about her journey from trauma to justice.

"He got 10.5 years. Got a guilty verdict, still seems surreal saying that.

He's actually locked up now... so women can be safe for the next 10, well, safe from him, you know, safe from one of them.

And the next day, when I woke up, my waking thought wasn't I've got this guy and he's locked up; my first thought was he couldn't go round out there that night. I can't change what happened - that happened, but for other women...

I hate people who are like him. The fact they prey on women like I was. They know we're going to get in the car... And it wasn't the first time that happened to me. He's the only one I knew I could get because of the registration plate. There's other stuff that I know will never go anywhere because there's no proof, it was so long ago...

It comes back to that thing, 'Oh, you've had a drink or you were wearing the wrong thing'

and putting it all back on the women as well. Because the women are already out there, and they're already judged for being out there it's definitely, 'well, you're selling it anyway. What's the problem?' Problem is it don't give them the right.

You know, when I seen the police not long after it happened and I was bruised up and that and they said to me, 'What's happened to you?' And I said, 'oh d\*\*\*head got me.' They said, 'but you choose to come out here.' Yeah, well, heroin made me choose to go back out there.

And then when I went through the court case as well [20 years after the attack], what was brought up to me was that 'perfect victim' look: 'You've turned your life around. You're not on drugs anymore. You're now the perfect victim.' And it just made me angry. Really angry. Because I thought of me back then, and that's why I didn't [report it].



You're saying because I've turned my life around, I'm more deserving of justice? I don't think I'm more deserving of justice now than I was 20 years ago, still in the chaos. It's just that I wasn't mentally able at that time to go through the trial.

The sad reality is in that life you witness, and you are the victim of so much violence and sexual violence. I got into that life at 14/15, so I've witnessed and been victim of so much violence and sexual violence.

### Living With Trauma

I experienced violence as a child in the home. I think because of what happened to me, so young, the sexual abuse and physical abuse, I think that path was already there for me. I think the main thing was to just disassociate. I could step away. Same as why I could let men pay me for sex, I could disassociate. I wasn't in my body.

I think if you had childhood abuse then to be someone that sells sex is not too much of a leap because you see sex as something that's transactional, or something that you endure. You're more accepting of abuse, more violence, because it's what's normal to you. And you're going to take more drugs to deal with the feelings it's bringing up; in a bubble where nothing can get to you.

In that kind of family environment at a young age I did anything to get some kind of connection. My stepdad, when I was young, died of a heroin overdose. I'd say to everyone he's the best stepdad I ever had, people would be like, '...he's a heroin addict'. But he wasn't sleazy. And now I can look at it and see, I think he did care for me in a way.

"In that kind of family environment at a young age I did anything to get some kind of connection."





"I think sometimes you don't care enough about yourself until you see other people care about you."

He didn't put me off heroin. I can remember him being sat in our kitchen when we was younger and he was "gouching out" [going in and out of consciousness while on narcotics] and my Mum was going off on one. I just remember looking at him thinking 'I want that'. Not the heroin. I just want where I can be in a space where someone could be screaming at me and... nothing. And that was before I was 11. I wanted to get out of my head because it was too painful to be in my head. I wanted what he had, that level of, I just don't care, all this is going on and I don't care.

I think once you learn about trauma and you know your own experience and your own childhood, you can look at it objectively as well. I'm not blaming my Mum or Dad; they just should never have f\*\*\*ing kids. The missing thing is that connection.

## The power of connections and One25

That's what One25 did, even though I didn't know it at the time, it was putting in little [positive connections] instead of the negative, even though I was still flat out and out on the streets. For so long I didn't have a family, and this was the family. When I saw the van, it's just like you're a normal person, you're just a woman. On the van that's what was happening, that little connection - that is someone I can trust.

And I know it's thrown out 'oh we're like a family', but it is. I don't think you can overemphasise how much it's true for women. Because if you don't have that, it is difficult to turn the corner or even think about turning the corner. I think sometimes you don't care enough about yourself until you see other people care about you. I rely on other people to keep me going and that's the way it should be.

I know as a One25 woman, I've been to all the services. And I went to other groups at other



places and I didn't feel it was my space, because I couldn't talk about what I needed to talk to about. That's why it's so important that One25 exists because One25 women feel left out and stigmatised and judged in [other] women's services.

We are targeted, and going to other services as a One25 woman, they say 'we're welcoming' and all that but you can see it on their faces... It's the way we're seen as 'other'. We are still women, at the end of the day. Someone [from another service] said "what should we call you?" I said 'a woman could be a start...'

### Change Must Happen

I would love for the police and all these people who make policies, just for 10 minutes, to drive through the streets and all the women who are out are the age they was when trauma started. Because then if you drove down the street, you'd have children, in some cases babies.

I'd have been a child. Would you drive past a child? You wouldn't, you'd stop and stop the guys doing that to them.

The women who get the judgement and stigma out there - that ain't a choice. I didn't go to my career's officer when I was at school saying, 'I'd really like to be a heroin addicted prostitute! What college course do I have to do for that?'

"That's why it's so important that One25 exists because One25 women feel left out and stigmatised and judged in [other] women's services."



## “I can now say I am proud of myself”

You don't just rock up either as a 50-year-old addict on the street. That's not where they started. These women are the kids that have been abused, neglected and abandoned. This is the end outcome. So we should care about them as kids but then when they get to adult? It's fair game because that's the choice they made? No, it's not. I made a load of bad choices but if your only choice is s\*\*t and s\*\*t, you're going to end up with s\*\*t.

If you see this woman, as a child, you'd have so much empathy, so much compassion. You'd want to sweep her off the street, put her somewhere safe. You'd want to give all this wrap around support.

But because she's a 50-year-old and she's a bit mouthy and defensive and you don't help her and it's like she deserves everything that's happening? No! These are the end products of the girls, the young kids. It comes from a place of trauma.

You can never forget your trauma. You can't wipe it out or stop it. But you can learn different coping mechanisms and different tools to then be able to live alongside it. I'm in a better place now, I think I'm slowly settling and softening. I'm working through my trauma, reprogramming my trauma responses and am finding peace with who I was and who I am now. And I can now say I am proud of myself.”





# How can you help

Every step we take is made possible by the generosity of our supporters. We're incredibly thankful for each one of you who makes our work possible.



## £30

could provide casework support to a woman making a report about a violent perpetrator, providing safety for her and other women at risk of violence



## £145

could run and maintain the outreach van for a week, offering a vital lifeline to women street sex-working in Bristol

Scan the QR code to donate to women who need your support, or visit:

**One25.org.uk/fundraise**



"We support One25 because they help women leave street sex work and, from the first contact, meet women with love and support from a truly dedicated team."

**Helen and Peter Wilde, Donors**



"Running the marathon for One25 felt huge at first, but the support from the team - and the generosity of people once they heard what One25 does - was incredible. The crowd cheering my name the whole way made it unforgettable!"

**Eleanor, London Marathon runner**



**Firewalker Andy 2025**



**Sara Pascoe Hysterical! Comedy night 2025**

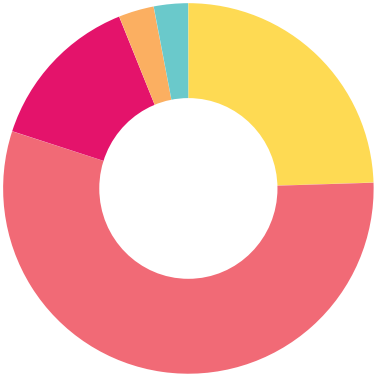




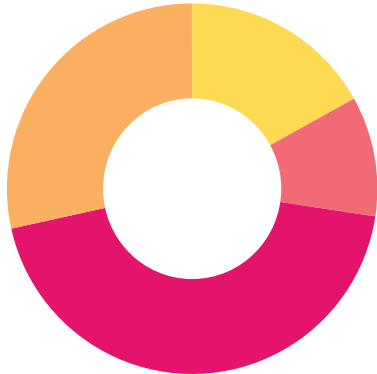
# Finances

Every pound counts as we carefully manage what we have: to always be there for women in crisis, to stay with them, to meet their needs and to support them to take brave steps beyond trauma to freedom.

Income (£)		
Donations	384,500	
Grants	870,900	
Commissioned income	218,400	
One25 events	48,400	
Other	47,100	
	<b>1,569,300</b>	



Expenditure (£)		
Outreach	218,100	
Health hub	135,000	
Casework	569,200	
Raising funds	366,700	
	<b>1,289,000</b>	






Numbers have been rounded to the nearest hundred pounds.  
For One25’s 2024/25 statutory accounts please visit [one25.org.uk](https://one25.org.uk)





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