

One25
step away from the streets

From crisis
to community

2018-19





All women **should be free**

In 2018/19 we worked with some of Bristol's most vulnerable women as they journeyed to fulfilled lives.

Over the last year, One25 met **252** women who were battling poverty, violence and addiction.

Homelessness has significantly risen and other Bristol services are being cut. Women's needs have become more complex so our work is more important than ever.

There are around **130** women trapped in sex work on our streets. It's been incredible to support **53** brave and determined women to take amazing steps and break free.

With partners across Bristol and beyond, One25 is committed to each woman for as long as she needs our help.

Volunteers, staff, fundraisers and supporters are backing them all the way.

Women are moving from crisis to community.

"Thank God for
One25. You
saved my life."

Sophie



Needs and outcomes

Street sex workers in Bristol are some of the city's most marginalised and at risk women.

They are 12 times more likely to be murdered than other women. About 80% experience homelessness, 92% have chronic ill health and nearly all are addicted to drugs and/or alcohol. These women have all experienced domestic or sexual violence and many also experienced childhood trauma.

But each woman's journey is unique and precious. We celebrate each step and we never give up.



53 women broke free from street sex work, **65** maintained their exit and **44** were prevented from starting



60 women reported that they'd been attacked



112 women were supported around drug use. **56** took up substitute prescriptions and **7** went to rehab



17 women in prison were visited **72** times



125 women were in safe accommodation



We worked with **193** women to improve their health and wellbeing. **33** did some volunteering, **19** got onto courses and **1** got a job

Outreach

In Bristol there are more than 130 women trapped in street sex work. They are in crisis: using hard drugs to cope with trauma, sex-working to fund their addiction and further traumatised by violence. It's dangerous, lonely and difficult to leave.

Night van volunteers offer safety, love and practical support. For women who've experienced a lifetime of abuse, it can be the starting point for brave steps away from the street.



Teams gave out **72** personal alarms, thousands of condoms and cups of tea

Drop-in

Drop-in is homely with a genuine family feel. Many women have nowhere else that's safe: sleeping rough or in violent, exploitative situations.

Busier than ever, the friendly drop-in is a daytime haven. As well as sharing meals, taking a shower and fresh clothes, it's the place to get healthcare, casework and creative activities.



We had **111** guests last year

Casework

Women are coming to One25 with increasingly complex needs. Specialist caseworkers build relationships with each woman and support her to battle serious issues.

We are there for women when they decide the time is right. Choosing to face trauma, addiction or other controlling issues can be terrifying. We're there when they see set backs and we're there when they succeed.

175 women received one-to-one casework

Peony

Building a new life in the community can be difficult. Launched in 2018, Peony is for women who are moving away from crisis.

With peer support and dedicated staff, women are building self-esteem and working towards their goals of freedom and independence.

So far, over **40** women have been to Peony



Pause Bristol offers intensive support to women who've had two or more children removed. Practitioners work with them for 18 months around the things trapping them in cycles of repeat pregnancies. They aim to give them space for trauma to heal and support them into new and healthy lives. Each woman identifies her own goals, from leaving an abusive relationship to getting into employment.

"Things have really changed since I started the programme!"

Penny

"We were separating families where the women had faced as much adversity as the children they were trying so hard to look after. We knew we needed to invest in those women."

Ann James, Director for Children & Families (Bristol City Council)

Unconditionally valued

The skills and love that volunteers bring is amazing. They commit to a minimum of one shift a month for a whole year and to take part in training sessions. And their dedication is life-changing to the women of One25.

My job as volunteer coordinator involves recruitment, training, rotas. I love how varied the work is - from admin to event planning to filling last-minute shifts, but my favourite part is seeing volunteers face to face.

Every day I feel fortunate to be here and to have the huge help of office volunteers too.

Massive thanks to all One25 volunteers for the difference you make. Knowing that people give their time to meet them where they are shows women how very much they're unconditionally valued.

Amelia Glanville,
Volunteer Coordinator

224 volunteers gave over **8,500** hours over the last year!

Love is at the heart

One25 puts women at the heart of the service. We give women love and together we build trust so they can make choices for safer and healthier lives.

This year we have been part of the City Partnership conversation, bringing together all the sectors in Bristol to determine a combined strategy and working closely with the Mayor to raise awareness of the issues which challenge our women.

In September, Peony opened to offer a programme of support to women in Bristol facing multiple disadvantages. The results have already been so positive, with women finding volunteering opportunities and improving their wellbeing. We are determined to further embed this into our range services.

Working on the streets is not really a choice - it is survival. We open our doors without judgement to all women who need us. As trust deepens, women choose to move out of addiction and into recovery, to step away from abusive and violent situations, to enter safe accommodation and to improve mental health.

Our work is challenging and it can be hard for staff to see women who are going through a particularly hard time. But we hold on to the good stuff. Recently, on our summer picnic with the women, one of them described the drop-in as 'my beautiful place.' They constantly inspire us.

Anna Smith, CEO





"I have used One25 services for many years now.

You supported me after my two rapes and during the court appearances. I would still be living in a tent now if it wasn't for all your help.

One25 is an amazing thing and you all do a great job.

I definitely wouldn't be where I am now without the love, care and support you have given me.

Thank you all so very much."

Yvonne

2018-19 highlights



June 19

This gorgeous wall hanging was made by women in drop-with creative volunteer Jemima. Bristol Mayor Marvin Rees invited us to come and display it in City Hall!



Feb 19

We were surprised and honoured to host the Duke and Duchess of Sussex! February's visit saw the royal couple meet volunteers, staff and former service users. Meghan was moved to write women messages of support and love which perfectly reflected the One25 ethos. The mission to fight stigma and bring to light the women's hidden needs continued through the year with good coverage in TV, newspapers and local events.



April 19

Winning at Bristol Life Awards with The Grand Appeal was a huge honour! Trustee Wendy Goodwin brought the room to silence as she talked about women trapped on Bristol's streets and their amazing journeys into new lives and recovery.

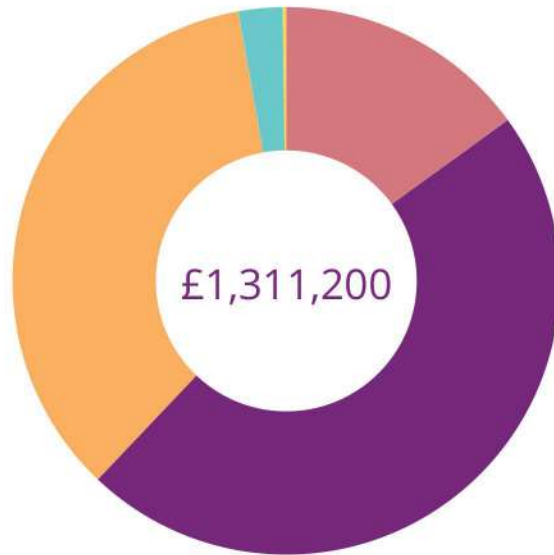


December 18

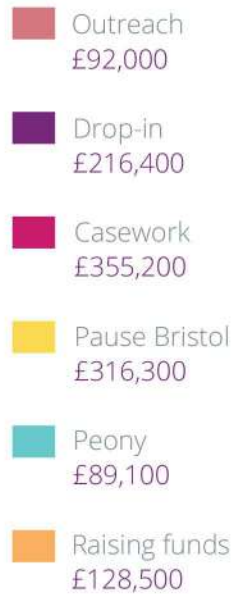
Friends and supporters in Bristol were unabashed in taking on the extraordinary Santa Firewalk. Fundraisers literally walked across burning coals and raised much needed cash to meet the growing needs of women.



Income



Expenditure



Numbers have been rounded to the nearest hundred pounds
For One25's 2018/19 statutory accounts please visit One25.org.uk



Donate

"I feel lifted to know that One25 supported just one woman to make a new life, let alone the hundreds they help each year."

Charlie Dunlavey, monthly donor

One25.org.uk/donate



Awareness

We know some amazing women.

We believe they should not be hidden.

Get our news and social media.

One25.org.uk/news



Volunteer

"I'm so grateful for the incredible opportunity of volunteering at One25. It is such a privilege to participate in this work for women and the community."

Ellie Howard, drop-in

One25.org.uk/volunteer

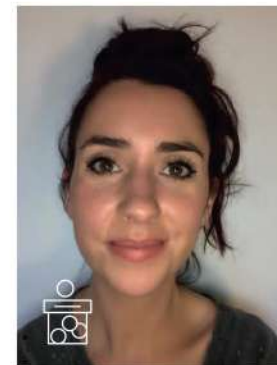


Fundraise

"We ran, kayaked, hiked, cycled and swam, racking up over £5,000 in sponsorship. Our fundraising journey was more enriching than we could ever have imagined."

Lyn, Jules, Clare, Eleanor, Carys, Polly

One25.org.uk/fundraise



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