

Winter 2016 Prayer letter



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Dear Prayer Supporters

As another year draws to an end, it's the time many of us reflect on our hopes and dreams for the future. A new year is ahead of us and what might it bring?

Sadly, many of the women supported by One25 have lost the ability to hold hope and to dream about the future. **One25 holds hope for the women** until they are ready and able to do so for themselves.

My hope is that the women will find the strength to overcome the dark forces in their lives which prevent them from seeing the beauty within themselves and from seeing themselves as women of value and worth. I believe this is the first step to recovery from a lifetime of trauma and abuse.

Please stand with us in prayer this Christmas as we do our best to **let each woman know that she is loved and can have hope** for the future.

*"Over the past two years I wasn't living, I wasn't really alive and had given up hope. The day that I found out about One25 and walked through the door **I had hope again**. I wouldn't have been able to get to this point in my life if it wasn't for your support." - Ruby*

Wow - change ahead!

I am delighted to announce One25's new CEO, Anna Smith. Please pray for Anna as she prepares to join One25 early in the New Year. We will soon be welcoming new staff: Operations Manager, Drop-in Co-ordinator, Communications Officer, Fundraising intern and two maternity cover roles; Criminal Justice Caseworker and Community Fundraiser.

Please pray for the whole team as they settle and manage change together.

I believe One25 is poised for a new and exciting phase of growth and development. Please pray for God's guidance and protection throughout the next phase and for strength, energy and stamina for those leading the change.

Vision for the Vulnerable

Together with Beloved, Spring of Hope and Unseen we will continue to hold Vision for the Vulnerable Prayer meetings from 7.30-9.00pm on the following dates:

Tuesday 17th January 2017; Tuesday 18th April 2017; and Tuesday 18th July 2017

Please do come along!

The following women particularly need your prayers:

Lucy continues to engage with One25 but this is mainly through outreach. Lucy remains highly vulnerable. Please pray that she calls on One25's caseworkers and is able to make longer-term and positive changes.

Jamelia is currently in custody and is preparing to go to rehab from prison. Please pray that she follows through and takes this brave step on her journey to recovery.

Camilla continues to suffer many complicated, interlinking issues. She is currently feeling very unhappy in her accommodation. Her mental health remains poor and she is drinking heavily. Please pray that Camilla is able to settle down and hold on to her accommodation.

Portia is receiving support for multiple complex issues. She remains highly vulnerable. Please pray for her safety and wellbeing.

Kezia was recently the victim of a serious assault which resulted in her being on life support in intensive care. After some time back on the streets, she has now been admitted to a brain injury rehab unit. Please pray Kezia makes a full recovery.

Leona and Barbara have been removed from the prayer list as they are not currently in contact with One25. Please pray that they are making progress in their recovery and that life is bringing them love, hope and happiness.

New this month:

Lulu has not worked on the streets for many months. She completed rehab and was continuing with her recovery in the community. Sadly, she recently lost her accommodation and has relapsed. Please pray that this is a temporary lapse and that she is soon able to get back on track with her recovery.

Monica has completed rehab and has since returned to London. We have just heard that she is back in employment and doing well. She is so thankful for all the help and support she received from One25.

"The hard work starts here but this has given me a foundation to rebuild my life – I intend to take things slowly, focus on my internal state and not get distracted by shiny things that may divert me from my path" – Monica

With love

Gill